**Musculoskeletal Prevention Program (MSIP)**

The goal of this program is to prevent soft tissue injuries to all staff by eliminating or reducing MSIP risk factors that are associated with their work. We strive to help employees to make safe decisions at work to ensure a good quality of life in their leisure time.

Our MSIP Coordinators provide consultation, training, and resources in;

* Musculoskeletal risk assessments
* Ergonomic evaluations - new and existing equipment and workstations
* Orientation training (General Nursing Orientation and Residential)
* Safe patient/resident handling equipment training and evaluation

There are several resources on the PHC Intranet that are of value to many of our PHC employees. These include specific information and videos on safe patient and material handling and office workstation ergonomics.

We recommend the following courses for employees to grasp a good understanding of MSIP theory;

Learning Hub – New Employee Orientation MSIP Module (clinical and non-clinical staff)

<https://learninghub.phsa.ca/Courses/13661/msip-musculoskeletal-injury-prevention-for-all-phc-staff-online>

Learning Hub - Sliding Sheets (clinical staff)

<https://learninghub.phsa.ca/Courses/15272/sph-medicine-sliding-sheet-review>

For more information, please contact [**msip@providencehealth.bc.ca**](mailto:msip@providencehealth.bc.ca)